

Week 1: Spiritual Inventory

“Is where you are going where you want to be when you get there?” Andy Stanley

On a scale of 1 – 10 with 10 being best - How do you chart yourself in the following:

1. The A+ Life is through Jesus plus other things: 1 -----10 First through Jesus only
2. I am living with the power of the Holy Spirit: 1 None -----Not sure what it means -----10
- 2a. I sense the Holy Spirit nudging me and speaking into me: 1-----10
3. I love to give money generously: 1-----10
4. My Schedule/busyness: Rules me: 1-----10 I am in balance
5. Joy in my life: 1 Not much-----10 Overflowing
(Joy: A pervasive sense of well-being)
6. I say I want more but I am not digging nor surrendering: 1 ----- 10 I am digging & growing
7. God is like: Bill Belichick to me : 1----- 10 Pete Carroll ... on the sidelines watching me
8. God is “God” to me: 1-----10 God is “my loving dear Father” to me
9. Jesus is an enigma to me: 1-----10 He has become my best friend
- 9a. I am talking directly/personally/intimately with Jesus daily : 1-----10
10. I have a particular sin habit still mastering me 1-----10 I’m not satisfied being mastered by anything
11. I *prefer* my will, my way: 1 -----10 I *want* God’s will no matter what
12. Being a Christian is hard/a burden : 1-----10 Empowering/enriching/fun
13. Anxiety/worry a problem for me: 1 ----- 10 Peace/contentment rule my life
14. Prayer: Some/mostly distracted/only in trouble: 1-----10 Enriching/Throughout day
“A conversational walk with Jesus talking with Him
about what we are doing together”
15. I can say, “Thank you now, Father, before I see the outcome”: 1-----10
16. I know & see God is involved in *all* the details of my life: 1-----10
17. To me Jesus is: quiet/serious/meek: 1-----10 Personable/funny/dynamic
18. My Spiritual* experience at my church is: Flat/Empty 1 -----10 Fulfilling/Alive
*(Not social experience)

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19. At my church I see *people* in action: 1 -----10 I see the *Holy Spirit* in action
20. I'm more comfortable talking in public about God vs Jesus 1 --- Neither-----God-----Jesus 10
21. Reading the Bible is: Unsatisfying/Boring: 1 ----- 10 Positive/Enriching
- 21a. I see something new each time I read the Bible: 1-----10
22. 1/2 hour+ Quiet Time daily: Rare/ "I should:" 1 -----Random-----10 Every Morning/ "I can't wait"
23. I like getting the credit: 1-----10 I really want Jesus & the Holy Spirit to get all the credit
24. The Sabbath is a non-factor/burden: 1-----10 A gift/ a delight/ a retreat
25. I can control the outcome: 1-----10 I *don't want* to control the outcome
26. I know and want what the desires of my heart are: 1-----10 I do not know and only want what God wants
27. I view people in a "Light most favorable to them": 1-----10
28. "Dying to Self" is the key to the A+ Life: 1-----10
29. I feel a growing sense of freedom from and freedom to: 1-----10
- 30: I am 100% sure I am saved and going to Heaven: 1-----10

Lead, Follow or Get out of the Way

31. My marriage: 1 Bad-----Partnership-----10 Thriving
32. I proactively spiritually lead my family: 1 -----10
33. My children are grounded in my attention/adoration/time: 1 -----10
34. My wife knows she is my top priority and I would rather be with her than anybody else: 1-----10
35. Our family life is too harried: 1 ----- 10 We are in great balance